



LEARNING TOGETHER

CORNWALL EDUCATION LEARNING TRUST



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Registered company number: 07565242 (England and Wales)

Headteacher: Miss Sarah Hildyard

Dear parents and carers,

We are pleased to share that Miss Sutherland has completed her training as an Emotional Literacy Support Assistant (ELSA). We are now in a position to begin utilising this valuable provision within the academy to further support our pupils' wellbeing.

The aim of the ELSA role is to provide bespoke emotional support to children, helping them to understand and manage their feelings, develop coping strategies, and build confidence. This support is designed to promote positive mental wellbeing and improve readiness for learning.

With this in mind, we would like to offer your child a block of ELSA sessions lasting 6–8 weeks. The sessions will take place once a week for 30 minutes during lunchtime. These sessions are supportive in nature and tailored to meet individual needs.

If you are happy for your child to take part, please could you confirm your permission by completing the online consent form: [ELSA Support – please complete this consent form](#).

If you would like any further information about ELSA support, please do not hesitate to get in touch with Miss Sutherland.

Warm regards,

A handwritten signature in black ink that reads 'S. Hildyard'.

Sarah Hildyard
Headteacher
Newquay Primary Academy